



FINZEAN ESTATE

TILLYFRUSKIE

F A R M C A B I N

Welcome Guide



Welcome to Tillyfruskie Farm Cabin

Intuitive Scandi style rustic-luxe Agritourism Cabin down on the farm, sympathetically and eco-friendly designed to merge into the landscape. With local larch cladding, a living roof and large triple glazed windows allowing the wonders of nature to be showcased with 360° views.

It isn't all about the outside though! Receive a cosy hug when you enter with the underfloor air source heating warming the entire slate tile flooring and feel welcomingly cocooned by the mellow plywood work-of-art interior.

Take a break from the norm, literally, a breath of fresh air, it is actually good for you!





Message from Kate

How amazing that our vision has been brought to life thanks to skilled people living in the Finzean village; architect, builder, joiner, electrician with the plumber & tiler from neighbouring villages. Minimalist but creative in design the muted colour of the plywood harmoniously flows throughout the interior of the Cabin; king size bedroom with Jack & Jill doors to a spacious bathroom; open plan living area with sleek kitchen, leather sofa bed, obligatory wood burner for that over-the-top cosy appeal and large triple glazed windows face South Westerly framing the Finzean rolling hills and beyond up the Feugh valley. Open the glass doors onto the patio and breath, open your eyes and ears to marvelous yet no-frills nature. The Cabin is emersed 365 days of the year within our arable & livestock farm life, constantly changing with the seasons and weather however it is sufficiently isolated for privacy. We love living on the farm and we are pleased to have this opportunity to open the doors and allow others to experience it too. Eco friendly ethos continues inside the Cabin with pure linen bed sheets, pure British woolen mattress and bedding, Scottish sheepskin rugs, eco bathroom and cleaning products provided. Hang up the car keys up for a few days and use the local path network to take you to the Farm Shop & Tearoom and access to lots of other walks in the area. Rustle up delicious meals in the linear, well equipped kitchen with an abundance of locally sourced produce from the Farm Shop. Take time out and enjoy the benefits of having a proper bubbly soak in the big stone bath or waken yourself up with a good blast in the shower. Do as MUCH or as LITTLE as you please. Everyone has their own way to REST & REBOOT. EMBRACE Scottish Agritourism and ENJOY all 'Go Rural' has to offer.

NOTICES

Hedge, our Gamekeeper, occasionally patrols around the Deer Park in the evenings for vermin control, travelling in a Mitsubishi with a headlight.

We also have a game crop nearby with a timed automated bang (a modern day scarecrow).

If you hear any shots, please do not be alarmed.

TILLYFRUSKIE FARM CABIN

ADDRESS

Finzean, AB31 6LY

WIFI PASSWORD

57355580

USEFUL TELEPHONE NUMBERS

Tillyfruskie Farm House	01330 850230
Finzean Estate Office.....	01330 850710
Deer Park Cottage	01330 850417
The Kennels.....	01330 850679
Estate Handyman 24-hour Emergency Contact.....	01330 850230

EMERGENCY & MEDICAL

Emergency Services (Police/Fire/Ambulance).....	999
Accident & Emergency.....	0345 456 0000
Foresterhill, Aberdeen, AB25 2ZG	
Children's A&E	0345 456 6000
Westburn Road, Foresterhill, Aberdeen, AB25 2ZG	
Aboyne Hospital - Minor Injuries Only.....	013398 86433
Bellwood, Aboyne, AB34 5HQ	
Out of Hours Non-Emergency Medical.....	111
NHS 24	

USEFUL INFORMATION

Welcome to Tillyfruskie Farm Cabin! We are so excited that you are here to enjoy some time down on the farm in the beautiful Finzean Estate. Before you start relaxing and having fun, we would like to make sure you have all the information you need to make your stay as comfortable as possible.

SAFETY

FIRES: To keep you, the Cabin and surroundings safe, we kindly ask that you do not have any outdoor fires or BBQ's without prior agreement.

SMOKING is NOT permitted inside. Guests smoking outside are kindly asked to ensure that all ashes and cigarette butts are fully extinguished and disposed of safely.

ALARMS: The property is fitted with Interlinked Smoke, Heat and Carbon Monoxide Alarms for your safety. If any faults with this equipment becomes apparent, we would be grateful if you would advise us immediately.

FIRE EXTINGUISHER & BLANKET: These are located in the washing machine cupboard on the shelf and for emergency use only. Only fight a fire if safe to do so. We would never expect you to put yourself in danger and request that in the event of a fire you follow the Fire Action Guidance provided. The burning of candles and incense sticks are not permitted within the property.

Guests are reminded that the closing of the bedroom doors overnight is also recommended as an additional fire safety measure.

And just a reminder; please do not leave any windows and doors open if you are out for the day in case the wind gets up suddenly.

In case of any emergency with burst pipes, leaking taps etc, the water stopcock is located under the kitchen sink. Please contact Kate on 07725916652 for assistance.

PETS

Dogs & pets are NOT allowed in the Cabin.

SPILLS

Accidents happen, but if possible can you please deal with them straight away. Eco friendly cleaning products are provided under the kitchen sink. If you can let us know by mentioning it or leaving a note to indicate a location, we can check in case further action is required to put the damage right.

RECYCLING

A food waste bin is provided under the kitchen sink. 3 X black wire stacking baskets are provided in the porch area for bottles, plastic/cans etc and newspapers etc. If you require these to be emptied please contact Kate on 07725916652.

POWER CUTS

In case the power goes out, don't worry a torch is provided in the washing machine cupboard on the shelf. Please contact Kate 07725916652 as it may be the master switch in the fuse board cupboard or a local network fault. If at night, putting the wood burner on will give off a warm glow.

BATHROOM

Please do not flush anything other than loo paper. The Cabin has a septic tank so please DO NOT put wipes, sanitary products, cotton wool or make up wipes down the toilet. Please use the bin provided.

HEATING & STOVE

The underfloor heating throughout the Cabin is powered by the Air Source Pump. Guests are invited to enjoy the Wood Burning Stove and will find logs, kindling and firelighters provided. Please ensure that all hot ashes are disposed of into the black metal briefcase-style ash bin, located by the stove.

If you require any assistance with using the Wood Burning Stove, instructions are attached at the back of this Welcome Guide. Any queries with ANY of the Cabin equipment, please get in touch and we will happy to assist.

CHECK OUT

When it's time to pack up and head home, please make sure you don't forget anything! Can you please leave the property tidy, washed all crockery and taken away any unused food. It you could fill out the guest book before you go, that would be greatly appreciated.

CLEANING AND DAMAGES

And just a heads up, if the Cabin is left in a dirty state we will have to charge for extra cleaning. And if you notice anything is not working properly or any damages, please let us know so we can fix it as soon as possible.

That's it for now! We hope you have an amazing stay and if you need anything, just let us know and we will try our very best to help.

Happy relaxing YOUR way!

ROYAL DEESIDE



The various Royal Deeside villages of Finzean, Aboyne, Ballater, Dinnet and Kincardine O'Neil are little gems in the heart of Deeside and a haven for tourists the whole year round.

The Great Outdoors are quite literally on the door step. Numerous walks and wild life abound in both the local woodlands and various estates as well as in the natural Scots pine woodlands of the Cairngorm National Park. Red squirrels are regularly seen, as are roe deer and pheasants, in season.

For the hill walking enthusiast there are numerous Munros in the Cairngorm mountains, not least of all Mount Keen which is Scotland's most easterly Munro. A multitude of smaller peaks such as Clachnaben, Morven, Craigendinne, Birsemhor and Culblean are also within easy reach of Finzean for the less intrepid walker while the Munros of the Cairngorms are a short drive away.

There is an extensive range of outdoor sporting activities available locally. There are various Deeside golf courses including Aboyne, Banchory, Ballater & Braemar to name but a few.

From late spring through to the middle of October, gliding is very popular at the nearby airfield in Aboyne and it is common to see them in the skies.

In mid July and early August, the Aboyne Festival attracts world renowned performers to the area and the Victory Hall

provides the venue for Art Aboyne.

Many local Highland Games run through the summer months with the Aboyne Games held on the first Saturday in August. The famous Lonach Gathering is held on the third Saturday of August in nearby Strathdon. The Games season concludes on the first Saturday in September with the world renowned Braemar Gathering attended annually by Her Majesty the Queen and other members of the Royal family.

When The Queen is not in residence, Balmoral Castle, is open to the public, as is the Royal Lochnagar whisky distillery where visitors can take a tour of the distillery and finish this off with a free dram. Other local distilleries include Fettercairn and Tomintoul with more famous whiskies of Speyside just a short and beautiful drive away.

In the winter months as well as winter climbing, snowsports are available at Glenshee and The Lecht, both of which are only a 50 minute drive away.

For guests wishing to follow the Castle Trail, as well as Balmoral Castle, there are many other castles within a short drive of Finzean. Owned and operated both privately and by the National Trust for Scotland these include Crathes, Drum, Dunnottar, Braemar, Craigievar and Kildrummy Castles.



FINZEAN ESTATE

SAMPLE FARM SHOP MENU

BREAKFAST

Served until 11:30 am
All made with locally-sourced and homemade ingredients

EGGS & BACON

served with roast tomatoes & toast
£8.95

A TASTE OF THE ISLES

Stornoway black pudding, served with a toasted bun & free range poached egg
£6.95

EGGSON TOAST

choose scrambled or poached
£4.95

add smoked salmon £2.50

BACON ROLLS

£4.95

SCOTTISH PANCAKES

served with jam, syrup or honey
£4.95

served with maple syrup & crispy bacon
£6.95

HOMEMADE GRANOLA, YOGHURT & HONEY

£5.95

add berry fruit compote £1.00 (vegan option available)

TOAST

made with freshly baked bread and served with butter, marmalade, jam or honey
£3.50

EXTRAS ON THE SIDE!

add Stornoway black pudding, Ingram's bacon, sausage, mushroom or egg for £1.25 each

CAKES

£3.95
Victoria Sponge
Carrot Cake
Coffee Cake
Chocolate Fudge Cake
Orange & Almond Cake GF
Raspberry Bakewell

SCONES

£2.95
Fruit
Plain
Cheese

TRAYBAKES

£3.50
Flapjack GF
Seedy Granola Slice V GF
Millionaire Shortbread
Chocolate Tiffin
Chocolate Brownie GF
Rocky Road
Malteser Slice
Date Slice
Tipsy Laird Fruit Cake

LUNCH

Served 12 pm - 3:30 pm
Please see our menu boards for our daily specials

SOUP OF THE DAY

£5.95

SOUP & SANDWICH

£8.95

SOUP & BACON ROLL

£8.95

SANDWICHES & PANINIS

on home-baked bread, served with a selection of Farmshop salads & Tyrrells crisps

Egg Mayo & Cress

Hummus & Chargrilled Vegetables

Tuna, Sweetcorn Or Cucumber

Cheese & Chutney

Finzean Roast Beef

Smoked Salmon & Cream Cheese

Ingram's Ham

Tomato, Mozzarella & Pesto

Brie, Bacon & Cranberry

all £9.95

CHILLED MEAT TASTER PLATE

a selection of cold meats and pate served with our homemade bread, oatcakes & salad mezza
£12.95

FISHY TASTER PLATE

a fishy feast of John Ross smoked salmon, mackerel pate, marinated anchovies, hot roast salmon salsa, served with our trademark seasonal salads, homemade bread & oatcakes
£12.95

PLOUGHMAN'S PICKLE PLATTER

a variety of local cheeses, served with our homemade bread, & salad mezza, local chutney and pickles & plenty of oatcakes!
£12.95

CHILDREN

SOUP

£2.50

SANDWICH

PLATE

with carrot & cucumber batons, cherry tomatoes & Tyrrells crisps
£3.50

SAUSAGE & MASH

made with Ingram's pork and served with mash & baked beans
£4.50

MACARONI CHEESE

with peas & garlic bread
£3.95

DRINKS

COFFEE

Americano £2.95
Latte £2.75
Flat White £2.95
Cappuccino £3.25
Mocha £3.50
Espresso £2.50
Double Espresso £2.95
Macchiato £2.75
Cafetiere £2.95
Iced Latte £2.95
Chai Latte £2.95
Hot Chocolate £3.50
Extra Shot £0.50
Oat Milk £0.50

SOFT DRINKS

Apple or Orange Juice £2.75
Lemonade £2.75
Sparkling Orange £2.75
Sparkling Blood Orange £2.75
Orangina £2.75
Ginger Beer £2.55
Coca Cola or Diet Coke £2.00
Elderflower Presse £2.75
Elderflower & Rose Presse £2.75
Lime & Soda £2.75
Sparkling Apple Juice £2.75
Kombucha £3.75
Still or Sparkling Water (250ml) £2.00
Still or Sparkling Water (750ml) £4.00
Smoothies £4.50

TEA

English Breakfast £2.95
Earl Grey
Darjeeling
Redbush
Decaffeinated
Green
Jasmine
Chamomile
Berry
Peppermint
Lemon & Ginger

ALCOHOLIC DRINKS

BEER

Trade Winds (Cairngorm Brewery).....500ml Light, Golden & Fresh (4.3%)£4.95
Stag (Cairngorm Brewery).....500ml Traditional Mahogany Bitter (4.1%)£4.95
Cairngorm Gold500ml Golden Continental Style (4.5%)£4.95
Wulver Lager (Burnside Brewery).....330ml Local Craft Lager (4.5%)£3.95
Lift And Shift (Burnside Brewery).....500ml Session Pale Ale (4.0%)£4.95
Sunset Song (Burnside Brewery).....500ml Pale With Elderflower (5.3%)£4.95
Wild Rhino (Burnside Brewery).....500ml Blonde Beer (4.5%)£4.95
Right To Roam (Burnside Brewery).....330ml (Alcohol-Free IPA)£3.95
Days Lager330ml (Alcohol-Free).....£3.50

CIDER

Thistly Cross Traditional500ml refreshing & lightly sparkling (4.4%) £5.95

WINE

House White, Red Or Rose125ml Glass£4.50
House White, Red Or Rose175ml Glass£5.50
House White, Red Or Rose75cl Bottle£16.95
Mini Bottle Prosecco£6.50

TILLYFRUSKIE FARM CABIN

Address Finzean, AB31 6LY
Telephone.....n/a
Wifi Code..... 57355580

USEFUL TELEPHONE NUMBERS

Finzean House 01330 850767
Finzean Estate Office..... 01330 850710
Deer Park Cottage 01330 850417
The Kennels..... 01330 850679
Estate Handyman 24-hour Emergency Contact 01330 850624
(Tony Jamieson) 07739 557144

EMERGENCY & MEDICAL

Emergency Services (Police/Fire/Ambulance)..... 999
Accident & Emergency.....0345 456 0000
Foresterhill, Aberdeen, AB25 2ZG
Children's A&E0345 456 6000
Westburn Road, Foresterhill, Aberdeen, AB25 2ZG
Aboyne Hospital - Minor Injuries Only..... 013398 86433
Bellwood, Aboyne, AB34 5HQ
Out of Hours Non-Emergency Medical..... 111
NHS 24

DOCTOR

Doctor Banchory0345 013 0750
Dee Street, Banchory, AB31 5XS
Doctor Aboyne.....0345 337 9955
Bellwood Road, Aboyne, AB34 5HQ

DENTIST

Dentist Banchory 01330 822583
Fountain Medical Group, Fountain Lodge, Banchory, AB31 5YA
Dentist Banchory 01330 823400
Banchory Dental Practice, 9 Station Rd, Banchory, AB31 5XX
Dentist Aboyne..... 013398 86177
Fountain Medical Group, Old Ballater Road, Aboyne, AB34 5HN

CHEMIST

- Chemist Banchory01330 822542
Davidsons, 61-63 High Street, Banchory
- Chemist Banchory01330 822524
Charles Michie's, 67 High Street, Banchory
- Chemist Aboyne013398 86445
Ballater Road, Aboyne, AB34 5HT

VETERINARY

- Vet Banchory01330 820452
Woodside Veterinary Group, 17 Kinneskie Road, Banchory, AB31 5RQ
- Vet Torphins013398 82556
Woodside Veterinary Group, Woodside Road, Torphins, AB31 4TR
- Vet Aboyne013398 87474
Woodside Veterinary Group, 6 Station Square, Aboyne, AB34 5HX

CHURCHES

- Church of Scotland, Finzean www.birserandfeughside.org.uk
Birse & Feughside Church, Finzean
- Church of Scotland, Aboyne & Dinnet013398 87267
Aboyne & Dinnet Parish Church, Aboyne
- Scottish Episcopalian, Aboyne013397 55919
St. Thomas, Aboyne
- Scottish Episcopalian, Banchory01330 822783
St. Ternan's, Banchory
- Catholic, Banchory01330 822835
St. Columbia's, Banchory
- Catholic, Aboyne01330 822835
St. Margaret's, Aboyne

POST OFFICE

- Post Office Finzean
Pop-up in Finzean Farm Shop on Monday 13:30 - 15:00 and Wednesday 11:30 - 13:00
- Post Office Banchory
Co-op, 37 High St., Banchory, AB31 5TJ
- Post Office Aboyne
Unit 3 Northside, Station Square, Aboyne, AB34 5HX

TAXI

- Taxi01330 825251
Davro Taxis, Banchory

LIBRARY

- Banchory Library01330 700441
- Aboyne Library01339 267701

USEFUL WEBSITES

Finzean Estate www.finzean.com

ACTIVITIES

Deeside Activity Park www.deesideactivitypark.com
A range of outdoor activities including quad bike trekking, go-karting, archery and clay shooting.

Den and the Glen www.denandtheglen.co.uk
Indoor and outdoor play areas for kids including soft play, climbing wall, parks and outdoor playgrounds.

ART, GALLERIES & PLACES TO VISIT

Aboyne & Deeside Festival www.aboyneanddeesidefestival.org.uk
Theatre, folk, classical music, talks, authors & more.

Cambus O'May Cheese 01339 753113
Handcrafted farmhouse cheeses made on-site from raw milk. Tours available, call to book.

Highland Games Centre www.highlandgamescentre.org
The centre incorporates an exhibition hall, gallery, archive, café and shop. The exhibition explores the living traditions of the Highland games, focusing on the Braemar Gathering and its long-standing royal connections.

The McEwan Gallery mcewangallery.com
Really worth a visit! Now run by Rhod McEwan, having been established by his parents over forty years ago, the gallery specialises in fine Scottish and European paintings from the 17th century to the present day. They on occasions have Joseph Farquharson paintings in their collection and Rhod is a font of knowledge on a wide range of subjects from wildlife art to portraits as well as being authority on golf memorabilia and a key member of the renowned Crathie cricket team!

CASTLES & GARDENS

Balmoral Castle www.balmoralcastle.com

Braemar Castle www.braemarcastle.co.uk

Craigievar Castle www.nts.org.uk/visit/places/craigievar

Crathes Castle www.nts.org.uk/visit/places/crathes-castle

Drum Castle www.nts.org

Dunnottar Castle www.dunnottarcastle.co.uk

Fivie Castle www.nts.org.uk/visit/places/fyvie-castle

Kildrummy Castle www.historicenvironment.scot/visit-a-place/places/kildrummy-castle

National Trust for Scotland www.nts.org.uk

FISHING

Fish Pal www.fishpal.com
The easiest way to book fishing on the River Dee. Aimed at experienced anglers and those new to fishing, providing impartial advice, up-to-date catches for salmon and sea trout, river level data and the latest fishing availability. Fishing permits for salmon, trout and grayling.

Glen Tanar www.glentanar.co.uk
A well stocked trout loch set in a beautiful secluded setting on the Glen Tanar Estate. Rod & Tackle hire available and booking online.

GLIDING

Deeside Gliding Club www.deesideglidingclub.co.uk
For both experienced gliders and novices, they offer vouchers for an introductory flight. Well worth a go if you are brave enough as there can't be many more beautiful places to glide! An amazing and unique way to see the beautiful Deeside landscape and the surrounding Cairngorm mountains!

GOLF

Aboyne Golf Club www.aboynegolfclub.co.uk

Aboyne Golf Club is the oldest golf course in Royal Deeside, Scotland with 6,000 yards of impeccable fairways and faultless greens - a golfer's haven.

Ballater Golf Club www.ballatergolfclub.co.uk

This eighteen hole, medium length golf course is situated in one of the most beautiful parts of Upper Deeside. Several holes lie close to the River Dee and many a ball has gone to a watery grave. Ballater and its golf course lie within a circle of hills with glorious views, a delightful golfing experience. The course can best be described as heathland, although farther away from the river there are some distinct parkland characteristics.

Banchory Golf Club www.banchorygolfclub.co.uk

Set above the banks of the River Dee this picturesque par 69, 18 hole golf course offers a challenge with its strategically placed bunkers and mature native trees providing a test that even the most accomplished players can embrace.

Braemar Golf Club www.braemargolfclub.co.uk

Braemar Golf is the highest 18-hole golf course in Scotland.

Tarland Golf Club www.tarlandgolfclub.co.uk

This beautifully maintained 9-hole parkland course designed by Tom Morris in 1908 represents a challenge to golfers of all abilities. With a standard scratch score of 69 for men (70 for ladies) the 6062 yard layout provides many a test and the beautiful, tranquil setting and dramatic scenery combine to give you a day to remember.

HILL WALKING AND RUNNING

walkhighlands www.walkhighlands.co.uk/cairngorms

Free-to-view detailed route maps and detailed descriptions for every walk. Download route files to use with your GPS or smart phone.

Cairngorms National Park www.visitcairngorms.com

The UK's largest National Park, in the Scottish Highlands, offers masses of things to do including water sports, snow sports, wildlife watching, and some incredible high and low level walking and cycling routes.

Deeside Way www.deesideway.org

The Deeside Way is a 41-mile rail trail that follows, in part, the bed of the former Deeside Railway in Aberdeenshire. Forming part of the National Cycle Network the trail leads from Aberdeen to Ballater.

LOCAL HIGHLAND GAMES

Aboyne Highland Games www.aboynegames.com

Ballater Highland Games www.ballaterhighlandgames.com

Lonarch Highland Gathering and Games www.lonach.org

The Braemar Gathering www.braemargathering.org

SKIING

Glenshee Ski and Snowboard www.ski-glenshee.co.uk

Glenshee Ski Centre features natural terrain for all standards of skier and snowboarder, with 22 lifts and 36 runs.

The Lecht Ski Centre www.lecht.co.uk

The Lecht 2090 ski centre is based 2090 feet (645m) above sea level amid the beauty of the Eastern Cairngorms. The Activity Centre is situated in the heart of Scotland's largest National Park at the top of the pass between Tomintoul and Strathdon.

CYCLE - HIRE

Bike Station (Ballater) www.bikestationballater.co.uk

Bike Station Ballater stocks a large fleet of continually replaced (20 hires) Mountain, Carbon Road and E-bikes available for hire throughout the year. They also stock a large selection of bikes and accessories for sale, and cater for repairs of all types biking in the workshop.

Cycle Highlands (Ballater) www.cyclehighlands.com

Qualified and local mountain bike guides can show you the easy family trails, big mountain epics or the secret single tracks of Aberdeenshire and Royal Deeside.

Deeside MTB www.deesidemtb.co.uk
Offering bespoke guided rides, sculpted to suit your wishes, and guided routes showcasing their favourite trails. Beginner or expert, there's a ride for everyone with Deeside MTB.

CYCLE - REPAIR

Banchory Cycles (Banchory)..... www.banchorycycles.com
A well-established, family-owned cycle shop in the heart of Royal Deeside

REM Bikes (Banchory) www.rembikes.co.uk
Qualified mechanics who are passionate about cycling. They will collect your bike for free within 15 miles of their workshop.

20Twenty (Banchory) www.20twentystore.com
Enduro mountain bike specialist.

CYCLE - ROUTES

BikeMaps www.bikemaps.co.uk

SWIMMING POOLS

Aboyne Swimming Pool..... www.livelifeberdeenshire.org.uk
Facilities include a 4 lane 25m swimming pool, gym, full size synthetic pitch, squash court, sports hall, climbing wall, theatre

Banchory Sports Village www.livelifeberdeenshire.org.uk
Facilities include a 6 lane 25m swimming pool, teaching pool, 3 court sports hall, 2 squash courts and gym.

Stonehaven Open Air Pool..... www.stonehavenopenairpool.co.uk
An iconic pool and well worth a visit! You can combine it with fish and chips in the lovely old harbour at Stonehaven or a visit to Dunnotar Castle and St Cyrus Beach!

DISTILLERIES

Fettercairn Distillery www.fettercairnwhisky.com

Glen Garioch..... glengarioch.com

GlenDronach Distillery www.glendronachdistillery.com

Glenglassaugh Distillery..... www.glenglassaugh.com

Glenlivet Distillery..... www.maltwhiskydistilleries.com/theglenlivet

Royal Lochnagar Distillery www.malts.com/en-gb/distilleries/royal-lochnagar

RESTAURANTS & CAFÉS

At the Sign of the Blackface Sheep (Aboyne) www.blackfacedsheep.co.uk

Banchory Lodge (Banchory)..... www.banchorylodge.com

Buchanan Bistro (Banchory)..... www.buchananfood.com

Courie Courie (Ballater) www.couriecourie.co.uk
Sourdough artisan bakery & friendly whole-food café cooking real food and baking from responsibly sourced, local ingredients.

Darroch Learg Hotel & Restaurant (Ballater)..... darrochlearg.co.uk

Deeside Nurtaj (Aboyne)..... deesidenurtaj.co.uk

Finzean Farm Shop (Finzean)..... www.finzean.com/farmshop

Fish Shop Restaurant & Fishmongers fishshopballater.co.uk

Highlanders Bakehouse (Crathie) www.visitscotland.com

Mamma Mia (Banchory)..... www.mammamiabanchory.co.uk

Platform 22 (Torfins) www.instagram.com/platform22

Potarch Cafe (Banchory) www.ballogie-estate.co.uk
Rothesay Rooms (Ballater) rothesay-rooms.co.uk
Ride Coffee House www.facebook.com/ridecoffeehouse
Spider on a Bicycle (Aboyne) www.spideronabicycle.co.uk
Tarmachan Cafe (Crathie)..... www.tarmachancafe.com
The Boat Inn (Aboyne) theboatinnaboyne.co.uk
The Bothy (Ballater) 01339 755191
The Bothy (Braemar) www.instagram.com/bothy_braemar
The Cowshed Restaurant www.cowshedrestaurantbanchory.co.uk
The Flying Stag (Fife Arms, Braemar)..... thefifearms.com

RECYCLING

Paper, Card and Cardboard

(Blue lidded bin)



Yes

Paper

Clean and dry

- ✓ Newspapers
- ✓ Magazines, catalogues and directories
- ✓ Junk mail
- ✓ Letters and envelopes (including windows)
- ✓ Office and shredded paper
- ✓ Paperback books - reuse them by taking to a charity shop.
- ✓ Glitter free wrapping paper

Cardboard

Flattened

- ✓ Large and small cardboard boxes - For example cereal, detergent boxes and packaging
- ✓ Brown corrugated packaging
- ✓ Toilet and kitchen roll tubes
- ✓ Glitter free greetings cards

No

- ✗ Tissues and napkins
- ✗ Padded envelopes
- ✗ Kitchen towels
- ✗ Cardboard contaminated with food
- ✗ Wallpaper
- ✗ Nappies
- ✗ Polystyrene
- ✗ Plastics bottles, pots, tubs and trays, tins, cans, aerosols and cartons (Please use your new Orange Lidded Bin for these)



Plastic Bottles, Pots, Tubs and Trays, Tins, Cans, Aerosols and Cartons

(Orange lidded bin)



Yes

Metals

Empty and rinsed

- ✓ Tins
- ✓ Drinks cans
- ✓ Empty aerosols
- ✓ Foil trays (clean)
- ✓ Aluminium foil (clean)
- ✓ Chocolate and biscuit tins
- ✓ Metal lids

Plastics

Rinsed and squashed

- ✓ Plastic food and drink bottles
- ✓ Plastic toiletry & cleaning bottles
- ✓ Plastic tablet and medicine bottles
- ✓ Pots, tubs and trays
- ✓ Lids and tops
- ✓ Yoghurt pots

Cartons

Rinsed and squashed

- ✓ Fruit juice, milk, soup and sauce cartons

No

- ✗ Plastic bags, liners and cling-film
- ✗ Bubble wrap
- ✗ Polystyrene
- ✗ Plastic wrappers
- ✗ Crisp bags & biscuit wrappers
- ✗ Plastic netting
- ✗ Nappies
- ✗ Items contaminated with food
- ✗ Oil & paint tins
- ✗ Glass
- ✗ Glittery or metallic wrapping paper



Food caddies



Yes

- ✓ ALL cooked and uncooked food waste
- ✓ Leftovers and plate scrapings
- ✓ Peelings
- ✓ Out of date food (unpacked)
- ✓ Pasta, bread, cereal and pastries
- ✓ Meat, fish, bones, eggs and shells
- ✓ Tea bags and coffee grounds

No

- ✗ Liquids or oils
- ✗ Plastic bags
- ✗ Food packaging



The following items can not go in the food waste bin

- ✗ Himalayan Balsam
- ✗ Giant hogweed
- ✗ Soil and compost
- ✗ Pet food
- ✗ Household waste
- ✗ Food packaging
- ✗ Plastic bags or black bags
- ✗ Oils or liquids
- ✗ Chemicals
- ✗ Large branches
- ✗ Fence panels, posts or treated wood such as trellises
- ✗ Flower pots, seed trays or plastic plant labels

BATTERIES

Please place household batteries in the pink battery recycling bags and leave it on top of the waste or recycling bin lid.

GLASS

Glass should not be place in either recycling bin. Please rinse all glass bottles and jars and leave in the glass bin provided in the shed.

TILLYFRUSKIE FARM CABIN



FIRE ACTION PLAN

If you discover a fire



Raise the alarm by shouting "Fire, fire fire!"



Call the Fire Brigade by dialing 999



Leave the building by the nearest exit



Assemble in a safe area outside



Do not stop to collect personal belongings



Do not return to the building

ADDRESS

Tillyfruskie, Finzean, AB31 6LY

WHAT THREE WORDS

///delighted.restore.join

